

Hello everyone,

I thought it might be a good idea to have a thread where we can each post what we're doing, and report whether it's working or not. Not like the testimonials, I mean (I'm not saying anything against the testimonials, I'm sure they're perfectly genuine), but more of a little scientific comparison. Because to judge by this forum, we're all doing different things, aren't we? Not all the things in the "Cure Tooth Decay" book are practicable for all of us. Some are eating meat, some are avoiding grains, some aren't.

So it would be handy to compare which variations work for us and which don't. (It may well be that the same method will work for some people but not others, but you have to start somewhere!)

To keep the thread from getting jumbled, if you reply, post your initial description as a reply to this first posting, and then your follow-ups or other members' comments can be posted as replies to that description.

What do you think?

A. B.

All 4 Replies

4 years ago

A. B.

I'll start:

Guinea pig 1 :-) - A. B.

Previous diet: Pretty normal healthy vegetarian diet.

Meals generally composed of some kind of starch

(potatoes/pasta/wholemeal bread/brown rice),

almost equal amount of various kinds of vegetables, and an ounce or so of cheese or an egg. Sometimes nuts or beans. Orange juice with

meals. Fruit and stuff (raw or cooked) for pudding.

Water and fruit between meals.

Normally very little sugar - fruit crumble once or twice a week and the occasional cake or ice cream on a day out, otherwise none - but at the time I first noticed the problem, we were away on holiday and we'd been letting ourselves go quite a lot.

Extent of decay: Always had perfect teeth until recently (I'm 24). A few months ago, one of my teeth started to hurt when I sucked on it or got sweet food on it. That's happened before once or twice and then just gone away, but this time it hasn't gone away.

What I'm doing:

To begin with (before I came across "Cure Tooth Decay", based on some notion about acidity



A. B.

Posted 4 years ago

I cut out the orange juice and all fruit except what I had for pudding once a day - except bananas because they're supposed to be alkaline. I also cut back on sugar again, back to where it had been. After a month or two of this, tooth just seemed to be getting worse.

21st August 2014: Started on 1 pint of raw milk a day, 1 tsp of Green Pastures butter oil a day, and Egle's eggshell mixture (crushed eggshells, magnesium carbonate powder, and lemon juice - <http://community.curetoothdecay.com/c...>). Because of that I've also stopped eating bananas between meals; it was just something I did when I needed something but couldn't face anything solid, and the milk fills the same hole.

Also soaking rice (as per instructions) when we have brown rice (few times a week); otherwise, ignoring phytic acid question for now until I see how things go.

Whoops, gone on a bit there. I'm not saying you have to write that much!

4 years ago

Bridget

Great idea. I will post my actions later. Working today.



4 years ago

Vinyasi

I started to simmer a single ant a day along with a tea bag. Am vegetarian throughout most of the year. Treat animal products, such as Green Pastures Royal Blend as if it's a medicine. Only rarely will I eat animal foods of any sort. But my imagination, a few days ago, conjured up this idea that maybe I need the formic acid from ants, bees, or honey. Since I don't tolerate concentrated sweets too well, and since ants probably have more formic acid than does honey, I ordered some black carpenter ant eggs from a website in Thailand. While waiting for the order to arrive, and while spending mornings outside relaxing and watching the various species of ants going about their business, I thought: "Hey, why wait? Why not be a little bit more self-reliant?" So, I began my odyssey to see if I can do what Ramiel Nagel's family and the aborigines of Australia do, but on a very small scale. Kind of like homeopathy: extremely diluted down and I don't consume the ant's body. I just pour off the tea and leave her and the teabag behind. I assume it may be impossible to gather any live ants once winter snow falls, or for that matter, when the rainy season begins. It rains a lot here. But in the mean time, I feel like I'm making sure I don't flake out when social challenges confront me. If the ant can carry many times her weight, then maybe her essence will strengthen my mind, and balance my heart (by getting me out of dwelling in my intellect too much)? At any rate, I'm noticing my appetite for calcium is improving which must imply that my digestion is getting better. That's a good thing. I also don't stress as easily, and I sleep better, and work harder with less fatigue. If I do get fatigued, it doesn't last as long as it used to (lingering on and on); it's very short-lived. The remainder of my vegan diet remains unchanged. So, even a vegan



can be homeopathically a non-vegan and not suffer from over-indulgence. I know my limitations; I can't do whatever is more popular. I have to be considerate to stay within boundaries, but also keep an open mind to new possibilities. I'm starting to read various books on homeopathy. It gets really interesting. I think that's what broke my icy mental boundaries. And of course, if Ramiel hadn't mentioned it in his book, I never would have given insect eating more than a millisecond of a thought! Thanks...

1 second ago

Vinyasi

Turpentine, food grade, eliminates necrotic tooth pain by aiding absorption of calcium and oxygen...

It has recently come to my attention that food grade turpentine...



http://vinyasi.info/texts/candida-cleaner_turpentine-sugar/

...heals tooth decay, naturally, by way of getting oxygen into all the cells of the body. Merck Index from 1899 lists turpentine as a cancer remedy.

http://vinyasi.info/texts/candida-cleaner_turpentine-sugar/Turpentine%20use%20listed%20in%20Merck%20...

But how does it work?

Lectins, phytates and oxalates block absorption of calcium. Lactic acid encourages it. This is why calcium lactate supplementation is given to pregnant women to help them absorb calcium for their developing fetal child.

A non-cancerous cell has to pump calcium into itself in order to secure the absorption of oxygen. Otherwise, it has to resort to becoming a fermentation oriented cancer cell and rely exclusively on another pump at its disposable: potassium / glucose or else starve to death (which liquid cesium chloride saturated with powdered MSM helps to deliver: a quick death from osmotically becoming bloated with cesium and/or rubidium thus blocking absorption of potassium for several months; normal cells will survive this blockade by choosing alternative pathways for absorbing nutrients).

The essential oil of turpentine insures absorption of calcium and, thus, of oxygen as well. Tooth pain from rotting necrotic teeth and an infected jaw bone underneath vanishes almost completely from only one meal with a little turpentine drizzled over oily foods (spaghetti sauce, etc) and completely vanishes after two successive meals with this protocol.

I don't do the sugar cube thing. I just drizzle turpentine over oily or sugary foodstuffs, such as: ice cream, nut butters, melted cheeses and various sauces and go easy on the sugar consumption.